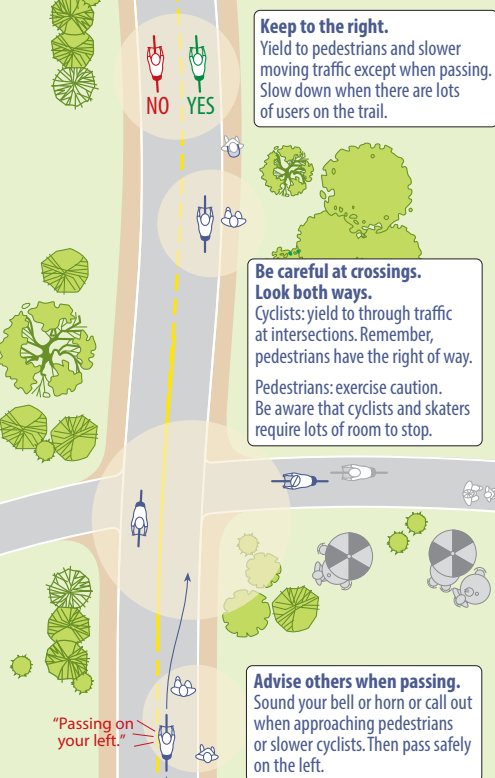


Sharing the Trail

Off-street Biking



www.muni.org/biketowork

BIKE. RACK. & ROLL.

FAT TIRE
BIKE RACKS NOW AVAILABLE

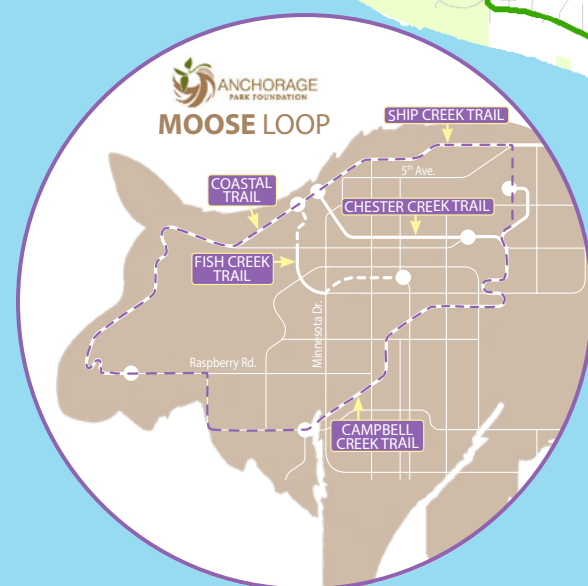
Types of Bikeways

- Shoulder Bikeways
 - Bicycles ride outside travel lane on paved shoulder.
 - May share shoulder with pedestrians.
 - Many shoulder bikeways have signs identifying them as a bike route and showing the direction and distance to destinations (e.g. the Loop, the lakefront).
- Bike Lanes
 - Bicycles ride outside of travel lane in designated bike lane.
 - Special pavement markings and signs identify the lanes.
- Shared Lanes / Bicycle Boulevards
 - Whether marked or not cyclists may share the road if riding as a vehicle. Cars and bicycles share the lane.
 - Markings and signs may also be used encourage cars to share the lane with bicyclists. Special pavement markings direct bicyclists to ride outside the "Door Zone" (see "Door Zone" panel).
- Multi-use Trails
 - Paved paths separated from the road for bicyclists, walkers, runners, and in-line skaters.
 - All users stay on right side.

ANCHORAGE

LEGEND

- Bike Lane
- Paved Shoulder
- Bicycle Boulevard/Shared Road
- Bike Friendly On-Street Route
- Bike Friendly Pathway
- Unpaved Route
- Multi-use Trail
- Moose Loop (see outlet below)
- School
- Visitor Info
- Bike Shop
- Bicycle Fixit Station
- Area with Increased Bear Activity/Encounters



Bicycle Fixit Stations

All the tools necessary to perform basic bike repairs and maintenance.

- Change flat tires
- Adjust brakes and derailleurs
- Air pump

Bike Shops

(with corresponding map numbers)

Anchorage

- | | | |
|--|---|---|
| 1 Alaska Pablo's Bicycle Rental
(907) 272-1600
415 L Street | 8 Off the Chain
(907) 258-6822
1406 W 33rd Avenue | 15 Chain Reaction Cycles
(907) 336-0383
1148 Huffman Road |
| 2 Trek Store of Anchorage Bike Rental
(907) 793-0069
440 L Street | 9 REI
(907) 272-4565
500 E Northern Lights Boulevard | 16 Paramount Cycles
(907) 336-2453
1320 Huffman Park Drive |
| 3 Downtown Bicycle Rental
(907) 529-5293 (March 15 th - Sept. 15 th)
333 W 4th Avenue #206 | 10 Trek Store of Anchorage
(907) 743-6000
530 E Benson Boulevard, Suite 9C | 17 Arctic Cycles
(907) 351-8545 (October - March)
South Anchorage |
| 4 Alaska eBike Store
(907) 744-6433
2229 Spenard Road | 11 RTR Cycles
(907) 563-2054
3110 E 42nd Avenue | Girdwood |
| 5 Play It Again Sports
(907) 278-7529
2636 Spenard Road | 12 Webike Bicycle Repair
(907) 245-3669
8160 Fairwood Circle | 18 Powder Hound Ski Shop
(907) 783-2525
210 Arlberg Avenue |
| 6 The Bicycle Shop
(907) 272-5219
1035 W Northern Lights Boulevard | 13 The Bicycle Shop
(907) 222-9953
1801 W Diamond Boulevard | 19 Daylodge Mountain Bike Hub
(907) 754-2283
Daylodge |
| 7 Speedway Cycles
(907) 222-1967
1231 W Northern Lights Boulevard | 14 Play It Again Sports
(907) 272-7529
8840 Old Seward Highway | 20 Max's Mountain Shop
(907) 754-1111
1000 Arlberg Drive (Hotel Alyeska) |

PEOPLE MOVER Bike-to-Bus

- People Mover buses can hold adult and child sized bikes as well as fat tire bikes.
 - Always approach the bike rack from the curb side.
 - Be ready before the bus arrives.
 - Remove packs, accessories, and water bottles from your bike before loading your bike. (If you're concerned about the safety of your bicycle, lock your bicycle's front wheel to your frame before the bus arrives.)
 - Alert the bus operator. Lower the rack by squeezing the center handle.
 - Load bicycle and secure front tire with support arm. Board the bus and pay fare (no cost for the bicycle).
 - When exiting, alert the bus operator that you'll be removing your bicycle. Unload your bicycle. If no other bicycles remain, stow the rack against the bus in the upright position.
- Questions? Email PeopleMover@muni.org

Sharing the Road

Biking on Streets

Ride in a straight line.
Avoid weaving between parked cars. Ride in a straight line at least 4 feet away from parked cars to avoid the Door Zone (see below).

NEVER
Ride Against Traffic!

Never ride against traffic.
Riding against traffic is dangerous and illegal. Motorists and pedestrians are not looking for cyclists riding the wrong way down a street or sidewalk.

Watch for the 'Right Hook'!
Where drivers are turning right but looking left! ALWAYS make eye-contact & yield if you're unsure that you have been seen.

ALWAYS
Watch for the 'Right Hook'!

To cross an intersection, use the lane farthest to the right that points to where you are going.
Follow lane markings to cross an intersection. If you can't change lanes to turn left, ride across the street to the other side and align your bike with traffic.

The Door Zone
is the 4-foot area along the side of a parked car where an opening door can hit and seriously injure a cyclist. When riding in a bike lane, ride on the left side of the lane—at least 4 feet from any parked cars.

Exercise caution when merging with vehicles and use hand signals to indicate your direction.

Be Aware of traffic pulling out as well as behind you, so you'll know whether you have enough room if you must swerve suddenly out of the Door Zone. A mirror is a great aid to help see traffic behind you.

Obey all traffic regulations.
Riding predictably and following the law are the keys to safe bicycling. Knowing and following the rules help all road users properly anticipate and react to each other.

Don't ride on the sidewalks downtown.
Anchorage law prohibits riding sidewalks in the Central Business District. Remember: Wheels yield to heels.

When necessary, use entire travel lane.
Move toward the center when the lane is too narrow for motorists to pass safely or when you're moving at the same speed as traffic.

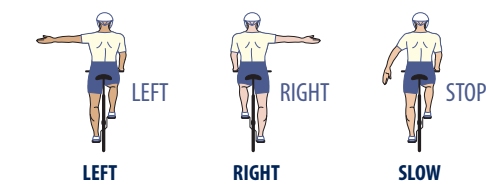
SHARE THE ROAD

This sign indicates a break in the bike lane where cyclists share the road with vehicles.

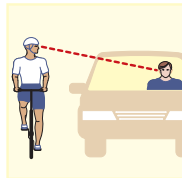
Alaska Bike and Pedestrian Resources
<http://akbikeandped.org/>

Download this map!
www.muni.org/biketowork

Communicate

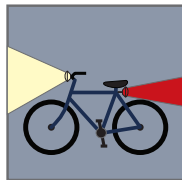


Use hand signals so that drivers know where you're going. Signal all your turns and stops ahead of time. Also, before turning, look over your shoulder for any traffic. Check. And only move when it's safe.



Make eye contact.

Confirming eye contact with motorists helps them know that you're on the road.



See. Be seen. Be heard.

Use lights at night or when visibility is poor. A white headlight and rear red reflector are required by law. Flashing lights are especially effective.

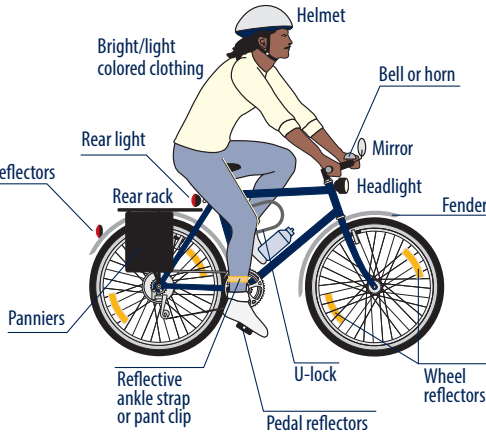
Use bike reflectors, reflective clothing and a bell.



Never use earphones because you won't be able to hear what's going on around you. Using earphones is not only dangerous, it's illegal.

Street-Smart Cyclist

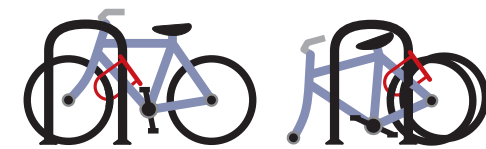
- Always wear a bicycle helmet to reduce the risk of permanent injury or death from a crash.
- To make sure your helmet fits correctly, put it on and use the "eyes, ears, mouth" test. **Eyes:** When you look up, you should see the front rim. If not, your helmet won't protect your forehead. **Ears:** The side straps should come to a "V" just below each ear. **Mouth:** When you open your mouth wide, you should feel the helmet push down on your head. If your helmet doesn't pass the test, adjust its buckles.
- Wear bright clothing and use lights, reflectors, a bell and a mirror to see, be seen and be heard.
- Consider using the other equipment illustrated below to make your ride safer and more comfortable.



Theft Prevention

Most bike thefts are due to unlocked or improperly locked bikes. Following these tips will help prevent your bike from being stolen.

- Never leave your bike unlocked—not even for a second.
- Always use a high-quality U-lock or chain. For added security, use both.



- Always lock the frame and front wheel to either a rack or pole (see illustration 1).
- For extra security, remove the front wheel and lock it with the frame and rear wheel (see illustration 2).
- Note: Some bike locks with cylindrical keys may be opened with a pen or similar object. Check with your local bike shop to determine the need to upgrade or replace your lock.

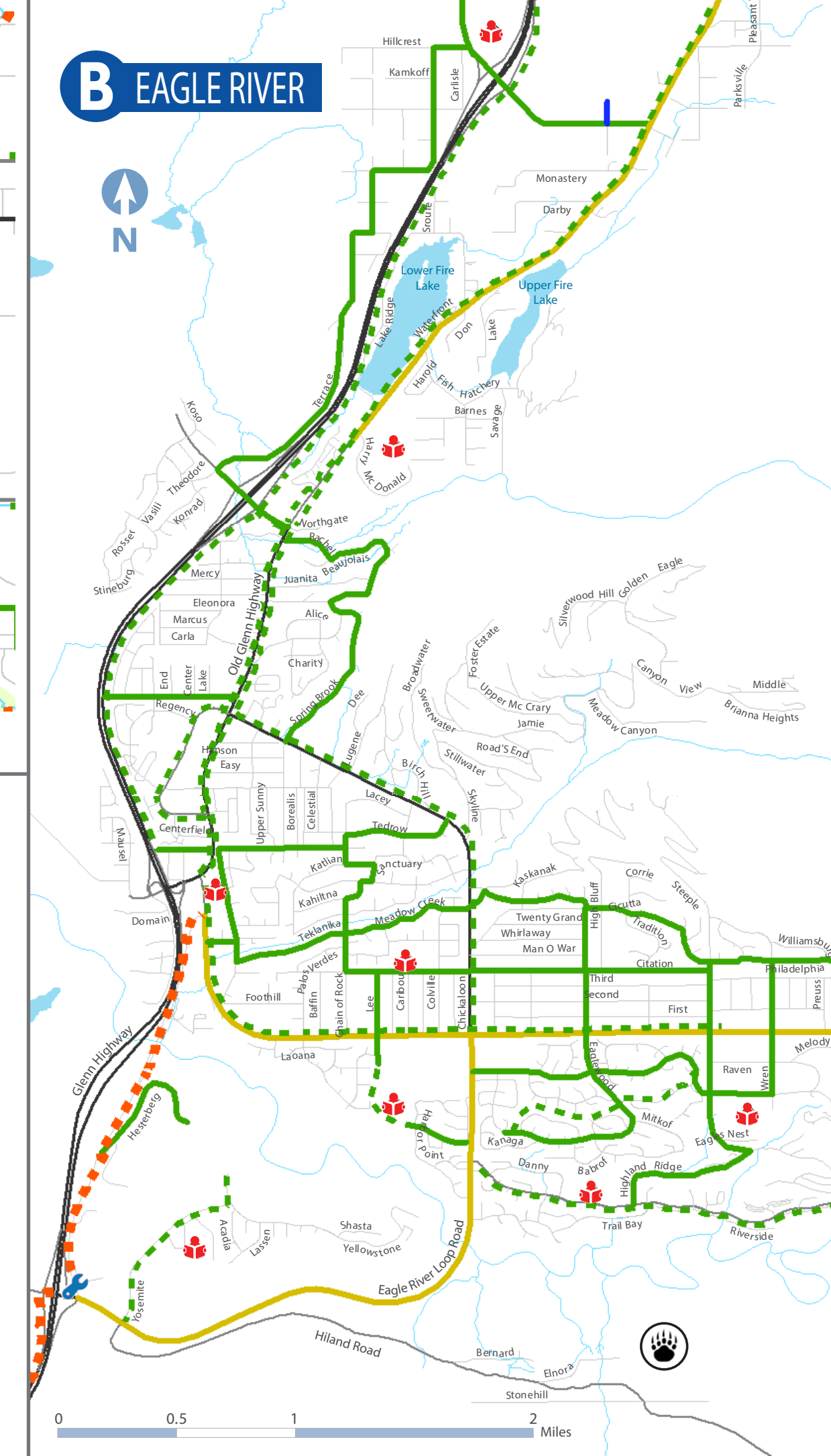
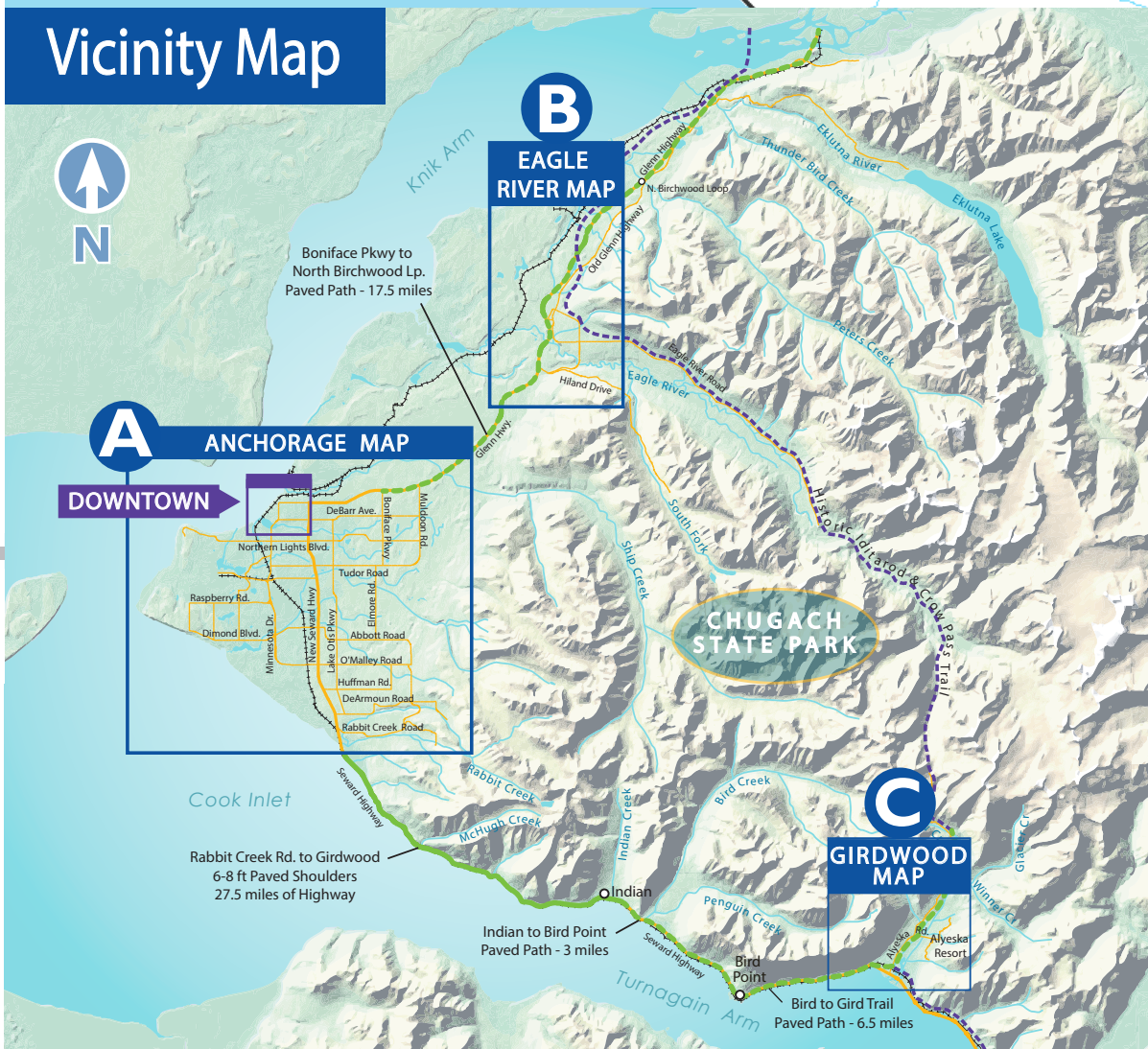
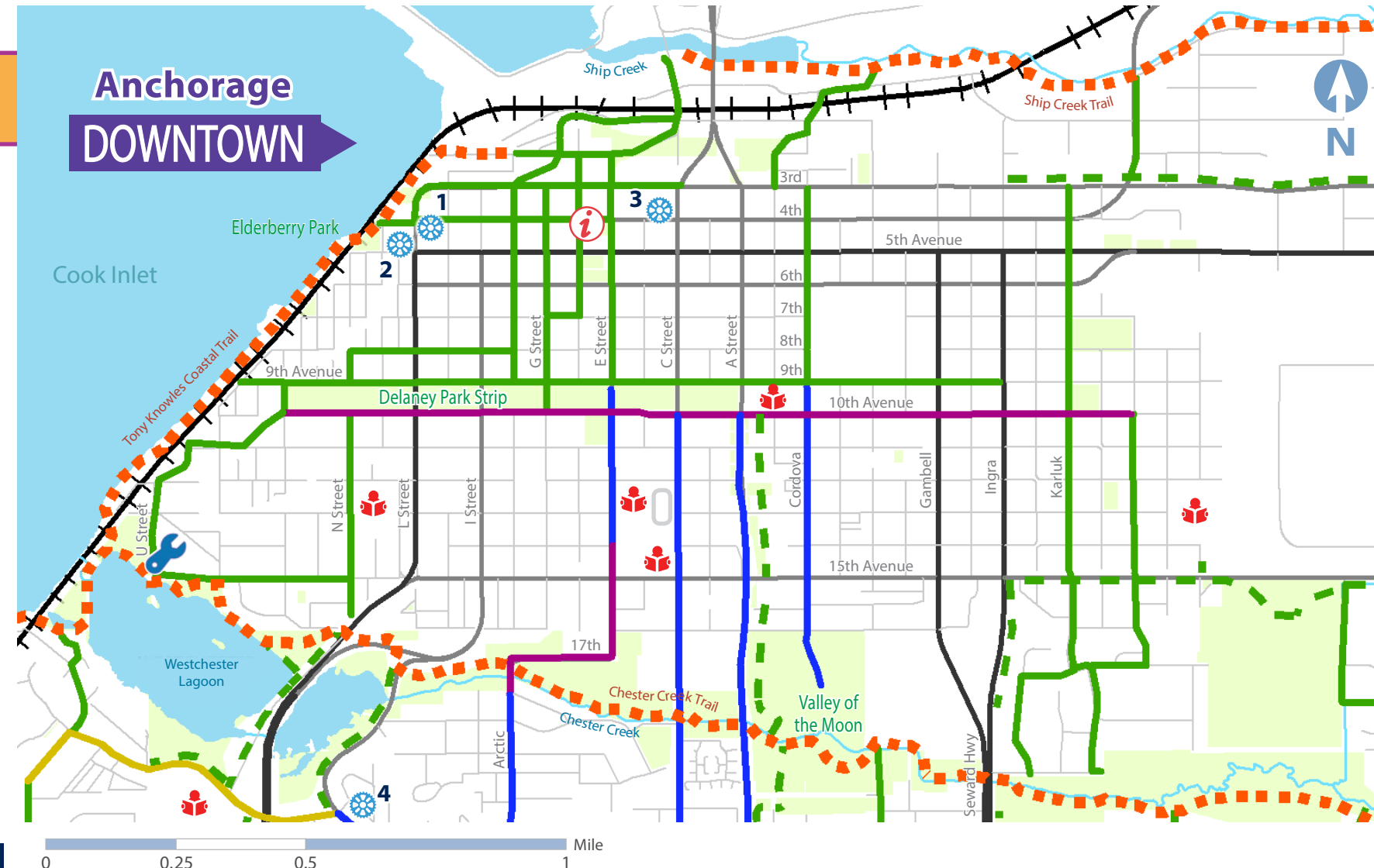
THANK YOU...

to all those who contributed to the Anchorage Bike Map Project!

To CRW Engineering Group, LLC for updates to this map in 2020!

To the City of Chicago for use of their bike safety diagrams.

Please email comments about or revisions to this map: biketowork@muni.org



Wildlife Safety Stay Alert. Stay Aware.

Alaska Fish & Game advises that you NEVER approach, feed, or surprise our local wildlife. If an encounter is unavoidable, follow the safety tips below.



MOOSE

- Never feed or touch a moose.
- Never get between a cow and her calf.
- Give moose at least 50 feet of clearance and never chase them away. Be patient.
- Wheels and heels always yield to hooves.
- If a moose lays its ears back, it's angry or afraid and may charge.
- If a moose charges, get behind a tree or something solid.
- Moose kick with their front and hind feet.
- If you are knocked down, curl into a ball, protect your head, and remain still until the moose is a safe distance away.



BROWN BEAR

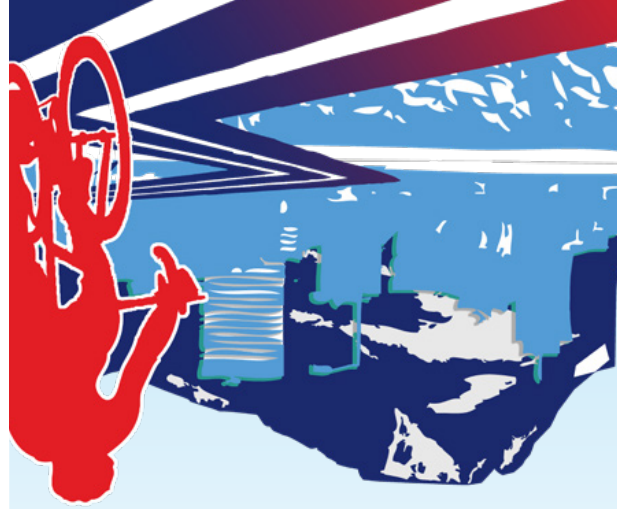
- Travel in groups; make noise to avoid surprising a bear.
- Never approach cubs. Mother bears will aggressively protect them.
- Put your bike between you and the bear.
- NEVER turn and run from a bear; it may chase.
- Avoid bad-smelling areas.
- Move closer to friends. A bear may get close, circle around, or investigate.
- Talk calmly then leave slowly.
- If it follows, stop moving and call for help.
- If it attacks, play dead until it leaves. It is trying to 'remove the threat.'



BLACK BEAR

- NEVER turn and run from a bear; it may chase.
- Never approach cubs. Mother bears will aggressively protect them.
- Put your bike between you and the bear.
- Travel in groups; make noise to avoid surprising a bear.
- Avoid bad-smelling areas.
- Make yourself as big and loud/scary as possible.
- If it attacks, fight back.

For more information on wildlife and to report encounters, visit Alaska Fish & Game's Living with Wildlife webpage:



for utility cyclists

BIKE MAP ANCHORAGE



Anchorage: Silver-Level Bicycle Friendly Community

In 2009, the League of American Bicyclists designated Anchorage a Bicycle Friendly Community at the Bronze Level.

The 2013 and 2017 applications resulted in a Silver Level award for Anchorage's commitment to encouraging bike use for transportation and recreation.



Information & Resources



Download this map to your phone!

www.muni.org/biketowork

The League of American Bicyclists
www.bikeleague.org/ridesmart
Instructional videos, class listings

Bike Anchorage
www.bikeanchorage.org
Advocacy, education, and encouragement to make Anchorage more bike-friendly

Vision Zero
www.muni.org/Departments/OCPC/Planning/AMATS/Pages/visionzero.aspx
Initiative to stop traffic deaths and serious injuries in Anchorage

People Mover Bus System
www.peoplemover.org
Tools for planning rides, tracking buses, receiving timely notifications, loading bikes, and bike-to-bus trips

Alaska Bike and Pedestrian Resources
<http://akbikeandped.org/>
A guide for Alaskan cyclists and pedestrians

The Municipality of Anchorage publishes this map to help bicyclists navigate the streets and trails of Anchorage, Eagle River, and Girdwood. Be aware that potential hazards and obstructions may exist on the routes shown, and the Municipality of Anchorage in no way warrants the safety or fitness of the suggested routes.

Look for roads with bicycle lanes, shoulders or paths, or less busy streets. Evaluate routes based on your individual bicycling ability and experience.

Go to www.bikeleague.org/ridesmart to improve your bicycling skills and safety and to find local classes and instructors qualified by the League of American Bicyclists.